

THE CASCATA GROUP



About The Cascata Group

The Cascata Group is a training and development firm specializing in areas of communication and interpersonal effectiveness.

Services include:

- **Executive & Leadership Coaching**
- **Team Building & Development**
- **Facilitation of Meetings & Group Processes**
- **Skill Training in Interpersonal Effectiveness & Communication**
- **Board and Staff Retreats**



Company Principals:

Theresa Russo is an accomplished executive coach, consultant, and trainer with more than 30 years of experience working with diverse groups and leaders in both the public and private sectors. Prior to co-founding Cascata Group, Theresa (with T.A. Russo Consulting) established a bi-coastal client-base over two decades helping people and organizations achieve significant gains in financial and strategic performance.

Ximena Spicer is co-founder of Cascata, a trainer, and coach. Ximena has more than 20 years of experience facilitating trainings, coaching teams and individuals, training managers, mentoring trainers, and producing and publishing award-winning curriculum. As a former COO, Ximena draws on her extensive practical experience working with executive leaders, management groups, and operational and creative service teams.



Company Information:

- DUNS Number: 08-033-2669
- Cage Code: 7PFM2
- General Partnership, OR, 2015
- COBID Certified Women Business Enterprise (WBE) & Emerging Small Business (ESB)
Certification Number: 10329
- SBA Women-owned Certified Small Business (WOSB)



Sampling of Clients (Past & Present):

- City of Portland
- Clackamas County District Attorney Office
- Multnomah County Library
- Multnomah County Department of Community Services (Bridges, Roads, Land Use & Transportation Planning, Animal Services, Elections)
- NW Natural
- OHSU Foundation
- Oregon State University
- PSU Foundation
- Reed College
- Virginia Garcia Memorial Health Center



Testimonials:

"Thanks to Cascata, we transformed our office into an exceptionally highly functioning team."

Director of Department of Transportation & Land Use Planning, Multnomah County

"Trustworthy, straightforward, knowledgeable, and a pleasure to work with...Theresa's diagnosis of various organizational dynamics and ability to provide innovative recommendations for change have been wonderfully effective."

VP for Organizational Development and Human Resources, OHSU Foundation



Contact Information:

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NAICS Codes:

- 541612 Organizational Development Consulting
- 611430 Management Development Training

Helping People & Organizations Achieve & Sustain Their Highest Performance Levels